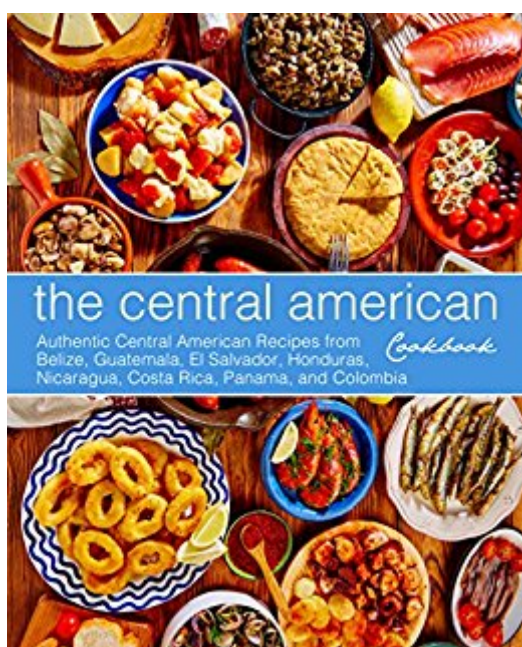


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The Central American Cookbook: Authentic Central American Recipes From Belize, Guatemala, El Salvador, Honduras, Nicaragua, Costa Rica, Panama, And Colombia



Synopsis

Central American Cooking 101. Get your copy of the best and most unique Central American recipes from BookSumo Press! Come take a journey with us into the delights of easy cooking. The point of this cookbook and all our cookbooks is to exemplify the effortless nature of cooking simply. In this book we focus on Central American cooking. The Central American Cookbook is a complete set of simple but very unique Central American recipes. You will find that even though the recipes are simple, the tastes are quite amazing. So will you join us in an adventure of simple cooking? Here is a Preview of the Central American Recipes You Will Learn: Whole Chicken Colombian Style Creamy Colombian Curried Squash Soup Carne Asada Columbian Medallin Corn Stew Traditional Nicaraguan Beverage Costa Rican Spicy Mayo Belizean Fried Shrimp San Pedro Town Pollo Stew Thanksgiving Sweet Potatoes from Belize Belizean Vegan Stew Light Flour Tortilla Guatemalan Lunch Fried Beans and Platanos (Guatemalan Appetizer) Honduran Ripe Banana Shake Honduras Sweet Cookies Honduran Coconut Desserts Latin Omelet Chicken Fricassee I Authentic Spanish Rice Authentic South American Paella Bacalao Vizcaina (Codfish Soup) Much, much more! Again remember these recipes are unique so be ready to try some new things. Also remember that the style of cooking used in this cookbook is effortless. So even though the recipes will be unique and great tasting, creating them will take minimal effort!

Book Information

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Customer Reviews

I cannot wait to fix every single recipe in this cookbook. I became interested in learning to cook Central American food on a recent trip to Belize where I learned there is a huge difference between rice and bean and beans and rice. I also had some exposure to Guatemalan food as well, which tends to be a lot more spicy (hot) in comparison. Some of the recipes need clearer instructions, but if you are a seasoned cook, it shouldn't be too hard to figure it out. A few are a little too sugary for me, but can be modified to a certain degree.

This is an awesome cookbook! I love how detailed and easy to read the recipes are. I made the Latin chicken and rice tonight and it was so good! We are trying the lentil bagoto tomorrow! It is well written and easy to follow! Good job!

Recipes seem simple enough. But I am very disappointed that every recipe does NOT have the name of its country of origin. I would have liked to know which one was from Costa Rica, Nicaragua, etc.

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